

Social Studies

Total: 2 hours /week
Lecture: 2 hours/week
Tutorial: 0 hour/week
Practical: 0 hours/week
Course Description
Lab: 0 hours/week

Course Description

This course offers an introduction to Nepal in general. It provides basic information about the geography, natural resources, history, society, culture, politics, economy, and foreign policy of Nepal. Analysis of current social and national problems are discussed relating to these countries' features.

Course Objectives

On completion of this course, the student will be able to

- Describe the history of Nepal
- Identify the climate, geography, natural resources and administrative units of Nepal.
- Describe the arts and cultural achievements of Nepal.
- Explore the social problems challenging Nepal at present.
- Analyze the salient features of Nepalese economic development.
- Distinguish between democratic and non-democratic forms of government.
- Examine the features of the constitution of the Federal Democratic Republic Nepal, 2047 (1990) and 2072 (2015).
- Mention the chief characteristics of Nepal's foreign policy.
- Describe Nepal's role in the peace-keeping efforts of the world
- Summarize the political development in Nepal.

Course Content:

Unit 1: History of Nepal

20 hrs

Sub-Unit 1.1: Ancient and Modern Period of Nepal

- Ancient Nepal:
 - Origin of the word "Nepal"
 - Civilization of Kathmandu Valley
 - Malla period and Social Reform
- Rana rule of Nepal:
 - Cultural development
 - Rise and fall of Rana
 - Development of Education in Rana Rule

Sub-Unit: 1.2 Educational Development

- History of Education from ancient to modern period.
- Political, and social factors influencing educational development in Nepal
- Different roles of technical vocational education and general education.
- Policy gap, educational reforms, schooling curriculum.

Sub-Unit 1.3: Peoples' Movements and Rise of Democracy

- The first elected government of Nepal in 2015.
- People's movement of 2046 BS (1990 A.D).
- Comparative study of the characteristics of the constitution of 2047 and the Federal Democratic Republic Nepal (2072) B.S.
- Second people's second movement 2062/063

Unit 2: Society & Culture

15hrs

Sub-Unit 2.1: Development of Nepalese culture and society

Population growth in Nepal

- Contributing factors of population growth: fertility. Mortality, and migration.
- Caste beliefs and constitutional provisions.
- Establishment of national languages
- Ethnic languages and culture:
 - Nepali
 - Newari
 - Sanskrit
 - Maithili

Social Problems:

- Poverty
- Gender issues
- Unemployment
- Prostitution
- Child labour
- Trafficking
- Cause of brain drain in Nepal

Sub-Unit 2.2: Tourism and Heritage

Food habits Cultural heritages in Himalayan, Hilly and Terai regions

- Dress and ornaments
- Festivals and temples
- Music, songs and dances
- Occupations
- Paintings, sculpture and architecture in ancient, medieval and modern times.
- Mountaineering
- Rafting
- Trekking

Unit 3: Nepalese Economy:

10hrs

Sub-Unit 3.1: Resources and development

Affecting factors for the Nepalese economy poverty.

- Inequality
- Population growth
- Unemployment
- Inclusion.

Features of the Nepalese economic system

- Agriculture and land reform system
- Industrial development
- Internal and external trade
- Tourism
- Cooperation
- Business model

Sub-Unit 3.2: Natural Resources

Resources of National Development

- Human capital
- Forests
- Land
- Water
- Social Capital

Unit 4: Politics and Government

20hrs

Sub-Unit 4.1: Democratic constitution

- Meaning and definition of democracy;
- Characteristics of democratic government;
- Features of the constitution of 2047 and 2072BS.

Sub-Unit4.2: Federalism

Structure of the state

- Federal
- Provincial
- Local

Distribution of state power

- Federation
- Province
- Local
- Legislative
- Federal Parliament (House of Representatives and National Assembly)

Composition, power and functions

Executive: Federal Executive (Council of Ministers)

Composition, power and functions

- Judiciary: Courts
- Supreme court
- Appeal court
- District court

**Composition, power and functions of Judiciary
President and Vice President:**

- Functions, duties and Authorities
- Fundamental rights and duties of the citizen/people

**Sub-Unit 4.3: Provincial Legislature and Provincial Executive
Local Legislature and local executive
Local legislature**

- Village Assembly,
- Municipal Assembly

Local Executive

- Village executive and municipality
- District Assembly and District Coordination Committee
- Interrelationship between the Federation, provinces and local level

**Unit 5: Foreign Policy
Nepal's foreign policy**

5hrs

- Geographical
- Historical
- Cultural
- Economic
- International

Features of Nepal's foreign policy

- Non-aligned
- Pancasila
- Acceptance of UNO charter
- Regional cooperation
- Peace movement

Neighbours Nepal's relations with its

- China
- India

Reference Books:

- Jagadamba Press, Faces of Nepal
- Bista, Dor Bahadur, People of Nepal

- Bista Dor Bahadur, Sabai Jatko Fulbari
- TVET policy 2015, Ministry of Education Science and Technology, Singadurbar Kathmandu Nepal
- Shrestha Siddhishwor Man & Shrestha Savitri, Social Studies, Akshalok Publication, 2071.

Final written exam marking scheme

| Unit | 1 | 2 | 3 | 4 | 5 | Total |
|-------------------|----|----|----|----|---|-------|
| Unit hours | 20 | 15 | 10 | 20 | 5 | 70 |
| Marks | 11 | 9 | 6 | 11 | 3 | 40 |